

Online resources

- Aromantic.wikia.org
- Arocalypse.com
- Aromantic.lgbt
- Aromanticism.org

Find other Pamphlets on introductory information about aromanticism and aromantic allyship at our website below



Common Aromantic Identities



Aromantic-spectrum Union for
Recognition, Education, and Advocacy

Aromanticism.org

The aromantic spectrum covers a wide variety of experiences. This pamphlet is intended to explain a few of the more common identities that get used within aro spaces, but please be aware that it doesn't cover every identity in the aromantic spectrum. If you would like a longer, more comprehensive list of identity terms then please check out our online glossary.

What does alloaro mean?

Alloaro, or allosexual aromantic, is a term used to describe people who do feel sexual attraction and little, no or otherwise non-normative romantic attraction. Some alloaros may choose to also identify with a term that fits their experience of sexual attraction. For example, someone who experiences no romantic attraction, but is sexually attracted to multiple genders, may choose to identify as both bisexual and aromantic. Other alloaros may choose to discuss and express their experiences with sexual attraction but only choose to use the aromantic label.

What does aroace mean?

An aroace, or aromantic asexual, is someone who feels little, no or otherwise non-normative sexual or romantic attraction. Some aroaces feel that their asexual and aromantic identities are deeply intertwined, or even inseparable. Some even feel that they experience their asexuality and aromanticism as one identity. Other aroaces find that their aromanticism and asexuality are easy to separate and view them as wholly separate identities.

What does non-SAM aro mean?

A non-SAM aro is any aromantic who doesn't use the split attraction model (SAM).

While this model is commonly used in the aromantic community to describe the separation of romantic, sexual, and other forms of attraction, it is not used by all aros. These aros may identify solely as aromantic, as non-SAM aros, as unitaros, or as solaros. Vocabulary for this part of the aro community is still being discussed at length and as a result there are currently many terms being used to describe this experience.

What does greyro mean?

Greyro, greyromantic or grey aromantic, is a term for people on the aromantic spectrum that experience romantic attraction in unusual ways (e.g. infrequent, unreliable). It can also serve as an umbrella term and include people with more specific identities, who feel some romantic attraction. For example, demiromantic is a common aro-spectrum identity that is defined as developing romantic attraction after creating an emotional bond. Someone with this identity may choose to also identify as greyromantic, or they might prefer to identify as only demiromantic.

What does quoi/WTFromantic mean?

Quoi/WTFromantic is an identity that may be used by people who don't use or differentiate between romantic attraction, romantic orientation, or romantic versus platonic feelings. They don't find that the categories apply to their experiences and may disidentify with them. Some quoi/WTFromantics consider this identity to be on the aromantic spectrum, while others don't, and may consider it adjacent to aromantic.